



LIBERTY HIGH SCHOOL  
**PATRIOT GAMES**

APRIL 24, 2009

Place: Liberty High School – Patriot Stadium  
Date: Friday, April 24, 2009  
Time: 5:00 P.M. – Running Events                      5:00 p.m. Field Events  
Format: VARSITY ONLY – CHAMPIONSHIP SCHEDULE

Facility: Patriot Stadium has a “SOUTHWEST” All Weather surface on the track and all runways of the jumping areas. Competitors may not use any spikes other than 3/16” pyramid and will be certified for compliance at the time they check in for their event. NO Christmas tree spikes.

Entry

Deadline: **Entries must be received by noon, Monday, April 20, 2009.**  
FAX TO 661-587-3713

Fees: Entry fees may be mailed in or brought with you the day of the meet. - \$6.00 per athlete plus \$10.00 per relay team, \$180.00 max. per team. Entry fees must be paid before the start of the meet. Make checks payable to Liberty High School. Checks will be accepted at packet pick-up table the morning of the meet. Please provide a list of coaches with your entries.

Qualifying

Marks: They will be posted on our website by Wednesday, April 22<sup>nd</sup> – 3 p.m. This is your chance to verify your qualifiers. You may email your scratches at that time. **NO ADDS !!!!**

Web Site <http://www.kernhigh.org/liberty>

Email: [Charlene\\_janzen@khsd.k12.ca.us](mailto:Charlene_janzen@khsd.k12.ca.us)

Scratch: Scratches must be completed with the “Clerk of Course” located directly below the press box no later than 3:30 p.m. meet day.

Team

Envelopes: Envelopes may be picked up beginning at 3:00 P.M. at the team gate at the northwest corner of the stadium. Please allow plenty of time for check-in in event of problems.

## Meet

- Rules:** This event will be run under all CIF Central Section Meet Rules. No sound systems or large stereos are allowed. No ice chests or glass containers are to be brought into the stadium. Athletes' bags will be checked. First aid and water will be provided. No dressing facilities available. Appropriate sportsmanship will be expected of all participants.
- Parking:** Bus and van parking is available in the designated area of the North parking lot on Patrick Henry Drive. Coaches and athletes must enter through the gate at the northwest corner of the stadium.
- Admission:**
- |                    |        |
|--------------------|--------|
| Adults             | \$5.00 |
| Students with ID   | \$3.00 |
| Children 5 & under | Free   |
- Entries:** The top 16 in each event will be entered based on time/marks submitted. The next 3 best times/marks will be entered as alternates. Marks submitted will be verified with meet officials. If meet information is not submitted the time/mark will not be accepted.
- Athlete**
- Check-In:** Competitors in track events must check in with the "Clerk of the Course" not later than final call. Event times are tentative; it is the athlete's responsibility to check in as their event is called. **There will be a table outside the Clerk of Course where spikes will be checked .** Field event competitors will check in at the event site. Once a competitor has checked in they will be held and escorted to the starting line. All warm-ups must be done outside the stadium in designated areas prior to check in. Athletes are to exit the stadium immediately upon completion of their event. Alternates must check-in and be prepared to compete at the event time.
- Coaches:** Coaches must remain outside the fences at the shot put, long jump, and triple jump areas during competition. Additionally, coaches may not be inside the track area for running events, or pole vault and high jump competitions. Failure to comply will result in disqualification of your athlete(s). Coaches must wear appropriate I.D. in order to have access to meet officials.
- Trainer:** Liberty High will provide a training area for first aid, ice, and water. We ask that each school provide their own supplies over and above that.
- Uniforms:** All competitors must wear school issued uniforms. No jewelry or tape allowed per CIF rules. **All relay teams must wear matching uniforms.**
- Passes:** CIF passes will be honored with proper I.D. Working press will be admitted with I.D. and/or credentials.
- Souvenirs:** Meet programs will be available for \$2.00 each at the front entrance.
- Concessions:** Food and beverages will be available through the booster café.

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COACHES INFORMATION

1. Athletes should report to the “Clerk of the Course” 30 minutes prior to the scheduled event time. All runners will be issued hip numbers and must place them on their right hip. Field event competitors will report directly to their event site. All event times are tentative so athletes and coaches must listen for event calls and are responsible for reporting on time. Alternates must check-in and be prepared to compete at the event time.
2. Medals will be awarded to the top three places in each event. Places will be announced and are to be picked up by the coach at the end of the meet. Outstanding athlete awards will be sent out to winning schools the following week.
3. Coaches and athletes are reminded that the use of video equipment during competition in the field events, if the results of filming are made available during the competition, constitutes an illegal aide and can be grounds for disqualification.
4. The use of profanity during any event by the athlete or their coach may lead to disqualification of the athlete from the meet. Appropriate sportsmanship is expected of all coaches, athletes, and spectators. Violators will be escorted from the meet.
5. Coaches must remain outside the fences at the shot put, long jump, and triple jump areas during competition. Additionally, coaches may not be inside the track area for running events, or pole vault and high jump competitions. Failure to comply will result in disqualification of your athlete(s). Coaches must wear appropriate I.D. in order to have access to meet officials.
6. If a coach must talk to the meet referee they must notify an official and a meeting will be arranged at the Clerk of the Course area under the home side grandstands.
7. A three person Jury of Appeals will be available and will advise the referee on any decisions in question. The Referee will not be part of the Jury of Appeals. The decision of the Jury of Appeals will be final. Any appeal must cite the specific rule and be written and submitted by the coach to the Meet Referee. Judgment calls cannot be appealed per the rulebook.
8. No tape is be used to mark the runways.
9. Implement weigh-in will open at 3:30 p.m. and close at 4:30 p.m. If the implement is not certified it will not be allowed in the competition. This will include shot puts, discus and pole vault poles based.
10. For the safety of everyone please see that your team members do not bring glass containers into the stadium. No ice chests will be allowed into the stadium. Water and ice will be available to all participants.
11. All coaches and athletes must enter through the gate at the northwest corner of the stadium only!

# PATRIOT GAMES

## FRIDAY, APRIL 18, 2008

EVENT:			
1	5:00	400m Relay – G	Section 1
		400m Relay – G	Section 2
2	5:10	400m Relay – B	Section 1
		400m Relay – B	Section 2
3	5:20	1600m Run – G	
		1600m Run – B	
5	5:50	100m H Hurdles – G	Section 1
		100m H Hurdles – G	Section 2
6	6:05	110m H Hurdles – B	Section 1
		110m H Hurdles – B	Section 2
7	6:20	400m Dash – G	Section 1
		400m Dash – G	Section 2
8	6:30	400m Dash – B	Section 1
		400m Dash – B	Section 2
9	6:40	100m Dash – G	Section 1
		100m Dash – G	Section 2
10	6:50	100m Dash – B	Section 1
		100m Dash – B	Section 2

EVENT:			
11	7:00	800m Run – G	Section 1
		800m Run – G	Section 2
12	7:10	800m Run – B	Section 1
		800m Run – B	Section 2
13	7:25	300m L Hurdles – G	Section 1
		300m L Hurdles – G	Section 2
14	7:35	300m Int. Hurdles – B	Section 1
		300m Int. Hurdles – B	Section 2
15	7:45	200m Dash – G	Section 1
		200m Dash – G	Section 2
16	7:55	200m Dash – B	Section 1
		200m Dash – B	Section 2
17	8:05	3200m Run – G	
		3200m Run – B	
19	8:35	1600m Relay – G	Section 1
		1600m Relay – G	Section 2
20	8:50	1600m Relay – B	Section 1
		1600m Relay – B	Section 2

### FIELD EVENTS

21	<b>5:00</b>	GIRLS SHOT PUT	27	<b>7:00</b>	BOYS SHOT PUT
22		BOYS DISCUS	28		GIRLS DISCUS
23		GIRLS TRIPLE JUMP	29		BOYS TRIPLE JUMP
24		BOYS LONG JUMP	30		GIRLS LONG JUMP
25		GIRLS HIGH JUMP	31		BOYS HIGH JUMP
26		GIRLS POLE VAULT	32		BOYS POLEVAULT

# INDIVIDUAL ENTRANTS

(RELAY ENTRIES / USE SEPARATE FORMS)

**SCHOOL** \_\_\_\_\_

ID NUMBER (ofc. Use)	ATHLETE'S NAME (last name, first name)	DIVISION (circle)	Event Number	Event Name	Best Mark	Date/Location
_____	<u>SMITH, WILL</u>	(V Boys)	<u>10</u>	<u>100m Dash</u>	<u>10.87</u>	<u>CALIF.INV</u>
		V Girls	<u>16</u>	<u>200m Dash</u>	<u>22.61</u>	<u>DEST. INV</u>

EXAMPLE

_____	<u>GOLD, TARA</u>	V Boys	<u>9</u>	<u>100m Dash</u>	<u>11.4</u>	<u>DEST. INV.</u>
		(V Girls)	<u>15</u>	<u>200m Dash</u>	<u>24.6</u>	<u>CALIF. INV.</u>

EXAMPLE

_____	_____	V Boys	_____	_____	_____	_____
		V Girls	_____	_____	_____	_____
_____	_____	V Boys	_____	_____	_____	_____
		V Girls	_____	_____	_____	_____
_____	_____	V Boys	_____	_____	_____	_____
		V Girls	_____	_____	_____	_____

\*If additional forms needed please copy.....

# INDIVIDUAL ENTRANTS

(RELAY ENTRIES / USE SEPARATE FORMS)

**SCHOOL** \_\_\_\_\_

ID NUMBER (ofc. Use)	ATHLETE'S NAME (last name, first name)	DIVISION (circle)	Event Number	Event Name	Best Mark	Date/Location
_____	_____	V Boys	_____	_____	_____	_____
		V Girls	_____	_____	_____	_____
			_____	_____	_____	_____
			_____	_____	_____	_____
_____	_____	V Boys	_____	_____	_____	_____
		V Girls	_____	_____	_____	_____
			_____	_____	_____	_____
			_____	_____	_____	_____
_____	_____	V Boys	_____	_____	_____	_____
		V Girls	_____	_____	_____	_____
			_____	_____	_____	_____
			_____	_____	_____	_____

\*If additional forms needed please copy.....

# RELAY ENTRIES

SCHOOL \_\_\_\_\_

TEAM ID NUMBER <small>(ofc. Use)</small>	RELAY EVENT		Event Number	NAME <small>(last name, first name)</small>	BEST MARK	DATE/LOCATION
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	<u>400 m Relay</u>	<b>(V Boys)</b>	<u>2</u>	<u>SMITH, WILL</u>	<u>48.82</u>	<u>DESERT INV</u>
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EXAMPLE

V Girls

JONES, BOBBY

GEORGE MUNDORF

CHARLIE CARLTON

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		V Boys				
--	--	--------	--	--	--	--

V Girls

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		V Boys				
--	--	--------	--	--	--	--

V Girls

---

		V Boys				
--	--	--------	--	--	--	--

V Girls

---

		V Boys				
--	--	--------	--	--	--	--

\*If additional forms needed please copy.....

# RELAY ENTRIES

SCHOOL \_\_\_\_\_

TEAM ID NUMBER  (ofc. Use)	RELAY EVENT	Event Number	NAME (last name, first name)	BEST MARK	DATE/LOCATION
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_____	_____	V Boys	_____	_____	_____
		V Girls	_____	_____	
			_____	_____	
			_____	_____	

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_____	_____	V Boys	_____	_____	_____
		V Girls	_____	_____	
			_____	_____	
			_____	_____	

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_____	_____	V Boys	_____	_____	_____
		V Girls	_____	_____	
			_____	_____	
			_____	_____	

\*If additional forms needed please copy.....

SCHOOL & COACHING INFORMATION SHEET

LIBERTY FAX: 661-587-3713

Please fill this out completely and return with your entries or email to

[Charlene Janzen@khsd.k12.ca.us](mailto:Charlene_Janzen@khsd.k12.ca.us)

SCHOOL NAME: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

School Phone # \_\_\_\_\_ School Fax :# \_\_\_\_\_

Once I have entered your events I will EMAIL back a copy for your verification.

Coaches: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

ALL THIS INFORMATION IS POSTED ON OUR WEBSITE AS WELL:

<http://www.kernhigh.org/liberty>